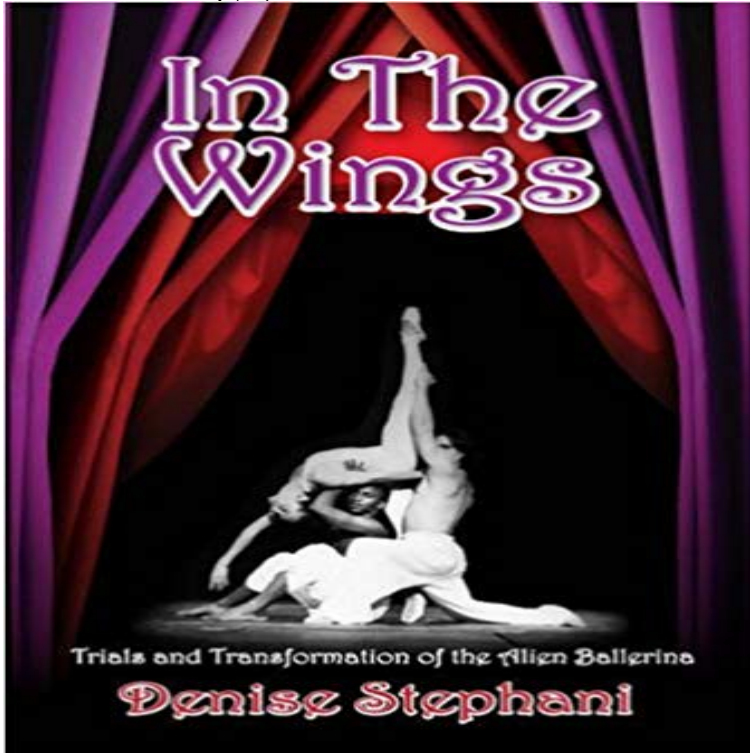


## In the Wings; Trials and Transformation of an Alien Ballerina



Dance saved my life. It helped me survive and escape after sixteen years under the Regime of a Psychopathic Dictator - my father. Within the South African Apartheid Regime, Denise was locked into domestic slavery - a box within a box. She was only allowed to go to school, ballet and her parents places of work when it suited him: to create an impression of normality. Like the Austrian Fritzl girl, she had to play his sick game and fight him off every day. The boxer needed a sparring partner. If he had the money to build a soundproof cellar she may well have found herself in one...but the invisible walls and chains were there. He was obsessed with Hitler and ran their home like a Brown Shirt concentration camp. Every day was hell, a constant threat of death. But she found coping strategies...She wore the mask, educated herself and danced using humour to still the pain. Denise created a miraculous and inspiring self-transformation to become a ballerina, community worker and reformer. But all the while she had her dark, obsessed Phantom of the Ballet waiting in the wings...She shares her timeous story of survival and dancing into success - out of extreme abuse and poverty within a Depression and harsh Patriarchy. She also offers funny African Theatre anecdotes, travel notes on Scotland, early film scripts - and the thought provoking ponderings of outrageous friend, Jasmine Rose. Throughout her 40-year career, first as amateur then professional, Denise has worked as a dance performer, director, choreographer, producer, entertainment consultant, community artist and educator. She created Butterfly Haven Castle - a centre for Youth and Survivors and was the mentor and initiator of the first Chapters of the International Network, Free the Children in South Africa. For years, Ms. Stephani has worked as the director of the BYCIA Dance and Mixed Media Company. She creates educational

programmess and workshops to teach others to use dance and the arts as tools for citizenship and to overcome personal issues.

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