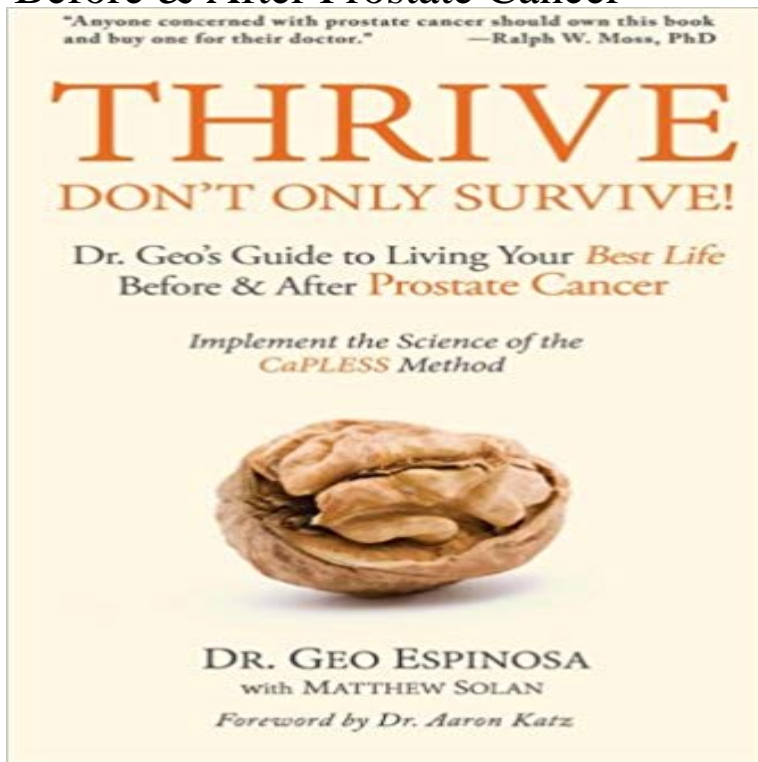


# Thrive Dont Only Survive: Dr.Geos Guide to Living Your Best Life Before & After Prostate Cancer



Prostate cancer is not the end of the beginning. It's the point where you start taking control. Information on what to do isn't hard to find. There are dozens of books on prostate cancer, as well as a massive amount of online resources. What's lacking, however, is a trusted, reliable source on implementing the abundance of scientific evidence in a way that's realistic and sustainable. Based on his extensive research and clinical experience on natural medicine for prostate problems, Dr. Geo has created a lifestyle blueprint that men can apply immediately to thrive before or after prostate cancer. Dr. Geo walks readers of every stage and age (as well as their partners) through the steps to become a thriver, not just a survivor. This book delivers invaluable information and essential lifestyle practices to help you renew and rebuild your body despite prostate cancer. This one-of-a-kind book will answer the most common and important questions on prostate cancer: Now that I am diagnosed with prostate cancer, what do I do? How can Thrive Dont Only Survive help me if I have a recurrence? What foods can I eat to improve my prognosis? How can I talk to my doctor about the natural methods mentioned in this book? In this book Dr. Geo introduces the CaPLESS Method, a prescriptive program that has been tested for over a decade based on Dr. Geo's clinical experience and intensive research on natural medicine for prostate cancer. The CaPLESS Method in ThriveDont Only Survive treats the soil (the microenvironment) not just the seed (cancer). Your life-partner is also deeply affected by your diagnosis and is also looking for credible answers. This unique book helps your loved one(s) help you as well.

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